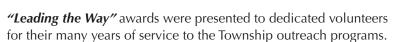
Meals on Wheels Volunteers – Bob and Nancy Glader





WHEELING TOWNSHIP THANKS VOLUNTEERS FOR THEIR TLC...

From the Supervisor... Michael B. Schroeder



PERMIT NO 2597

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U.S. POSTACE ORGANIZATION **NON PROFIT ECRWSS**

REPORT

SUMMER 2014

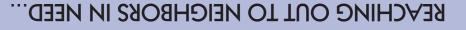


847-259-7730 Arlington Heights, IL 60004 1616 N. Arlington Heights Road Wheeling Township Report, Inc.

moo.qidanwotgnilaadw.www

Hours: 9 a.m. - 4:30 p.m. weekdays

on the fourth Tuesday of each month. Township Board Meetings: 8:00 p.m.



Residential Postal Customer

ECRWSS

helping to brighten the day of our homebound Meals On Wheels residents. It's an intergenerational experience...



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their flowers and talents carden Club shares Prospect Heights "sigwol7 ehi lient to Smell the



creating beautiful floral



their neighbors with seasonal craft items. Disability Services for their participation in supporting with certificates from the Wheeling Township Senior & Need) fourth and fifth grade members were honored Riley Elementary School SPIN (Supporting People in



We're Proud to Serve You...

Kathy Penner Trustee, Scott Saewert Highway Commissioner, and Jerry Sadler Assessor Robert Hoban Trustee, Ruth O'Connell Trustee, Mike Domrzalski Trustee, (left to right) Michael B. Schroeder Supervisor, Joanna Gauza Township Clerk,

Bob and Nancy Glader first met in 7th grade. They became instant sweethearts...we all remember young love. As fate would have it, many years later Bob married Nancy's best friend. Nancy married Bob's best friend. They were in each other weddings. Talk about irony!

As time passed, both Nancy's and Bob's spouses passed away. Nancy fondly remembered Bob and invited him to a social function for people who had lost their spouses. Fate comes into play again, and Bob and Nancy renewed their childhood romance and were married eight years ago.

Pictured (L to R) front row: Supervisor Michael B. Schroeder, Larry and Diana Koss, Renate and Rolf Kowalewski, Barbara Stoga. Second row: Charyn Beaumont, Kathleen Evert.



Pictured (L to R) Supervisor Schroeder, Bob and Nancy Glader.

Their combined family consists of ten children, 23 grandchildren, and so far, six great-grandchildren. A lot of names and birthdates to remember!

When Bob and Nancy retired, they knew they had time to volunteer, but wanted to volunteer together. Chris Guth worked her magic and Bob and Nancy Glader have been delivering Meals on Wheels for Wheeling Township, the fourth and fifth Monday of every month since 2008. We think the Township Meals on Wheels program has been the perfect match for a perfectly matched couple.

Thank you Bob and Nancy and all of our volunteers for Leading the Way!

SENIOR AND DISABILITY NEWS

CALL 847-259-7730 to register for any of the programs & services offered through Wheeling Township.

SENIOR SCENE PROGRAMS

SENIOR SCENE programs, hosted by the Wheeling Township Senior Advisory & Action Council provide educational opportunities for all seniors. The timely topics and lively discussion offer older adults a chance to expand their knowledge and share fellowship.

Just call our office to register for the upcoming free programs offered at the Wheeling Township Center on the following dates. Registration is limited, so call now to reserve your place!

Understanding Medicare Part D Prescription Drug Coverage



Open Enrollment for Medicare Part D – October 15 through December 7 Tuesday, September 30 • 10:00 a.m. – 11:30 a.m.

Seniors have many choices when it comes to Medicare Part D Prescription Drug Coverage. Understanding those choices can insure that you receive the prescription drugs you require at the most beneficial cost to you. Join the SHIP counselors from Wheeling Township Senior Services as they explain how Medicare Part D works for you and how they can help you make the best choices when it comes to your prescription needs. The session will include a live internet demonstration of the tools you can use to personalize your Part D drug coverage, information on how and when to enroll in or change plans, and explanations of various programs that may allow you to save money on your prescription drugs. Whether you are able to attend the presentation or not, you can call the township at 847-259-7300 to schedule a one-on-one appointment with a SHIP counselor to review your Part D drug coverage during the annual enrollment period. SHIP counselors are not affiliated with any insurance company. If you are a member of a local civic group, faith community or organization that would like to learn more about Medicare and how recent changes might affect you, our SHIP volunteers are available to come and speak to your group.





Music and The Brain

Using Music to Enhance One's Mind, Body & Spirit...

Tuesday, October 14 • 10:00 a.m. - 11:30 a.m.

Music enhances memory and can enrich your life during daily stressors and challenges.

Mary Helen Ekstam, Life Learning Advocate and board certified music therapist for JourneyCare, brings over twenty years of experience in healthcare administration and outreach.

Come join us for a fun and spirited program guaranteed to get your toes tapping and your heart singing.

New Service offered at the Township Center

MEDICAL SERVICES Karen McNeir, R.N., B.S.N.

Wheeling Township recognizes the importance of older adults to remain living independently in their homes and their communities.

The following health services, administered by the Township nurse,

are available by appointment, for residents 60 years and over.

Tuesdays & Thursday

9:00 a.m. - 1:00 p.m.

- Blood Sugar Screening (\$1 charge) • Blood Pressure (no charge)
- INR & PRO Time Anticoagulation Therapy Testing (\$6 charge)

Cholesterol Screening: 2nd & 4th Thursday of Each Month 9:00 a.m. – 11:30 a.m. (Available to residents 18 years & older)

Eight hour fasting (water only) lipid profile including total cholesterol, HDL, LDL, triglycerides and blood sugar (\$15.00 charge) Cholesterol screenings require drawing of a blood sample from the fingertip.

• At-home hemoccult screening tests available for \$4.00



Concerned About the flu? What to do?

This year, the Township nurse will have a limited supply of the flu shots for homebound patients over the age of eighteen, who are unable to get a flu shot from their physician. Please call Karen McNeir, R.N., B.S.N. to schedule a home visit. The flu shot is covered by Medicare. If you do not have Medicare coverage, the cost is \$20.00

RING, RING! TEST THE AMPLIFIED PHONES!!



Do you have trouble hearing on the phone? Join Wheeling Township & Schaumburg Township Disability Services on Thursday, August 21 from 10 a.m. - 3 p.m. to test the ITAC fee amplified telephones and learn more about getting a free amplified phone. (Clients are also eligible for a new phone every four years.)

Participants must make appointments by calling 847-884-0030 in advance. Free amplified telephones are available to qualified Illinois residents with a hearing loss. To qualify applicants must:

- Be a legal resident of the State of Illinois
- Have telephone service at the address shown on your application form

• Have a licensed physician, speech pathologist, audiologist or designated DHS/DRS counselor sign the application form certifying the applicant is deaf, hard-of-hearing, Speech-Disabled or Deaf-Blind

STOP IN TO IMPROVE YOUR DRIVING SKILLS... Secretary of State RULES OF THE ROAD Review Course

The one-session Secretary of State Refresher Course will help prepare you for your driving test and soothe those road test jitters! This class is designed to give drivers, especially senior citizens and persons with disabilities, the knowledge and confidence needed to renew or obtain a driver's license. The review course, taught by knowledgeable volunteers, combines an explanation of the driving examination with a practice written examination.



ALZHEIMER'S CAREGIVER SUPPORT GROUP

It is estimated that as many as 5.1 million Americans may have Alzheimer's disease. The incidence of the disease is rising with the aging of America. Providing care for someone with memory loss can be



a labor of love, but it can also be exhausting and stressful.

Wheeling Township has partnered with the Alzheimer's Association - Greater Illinois Chapter to offer a monthly support group for caregivers of individuals with Alzheimer's disease. The support group is designed to provide emotional, educational and social support for caregivers through monthly scheduled meetings.

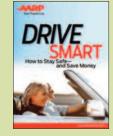
Karen McNeir, R.N., B.S.N. and Kris Freeman, M.A. will be Co-Facilitators of this group, offering help to participants in developing coping methods and encouraging caregivers to maintain their personal, physical and emotional health, as well as providing optimal care for the person with dementia.

The Caregiver Support Group meets the third Tuesday of every month at the Township Center from 1:00-2:30 pm. Please contact Karen or Kris at to learn more about this service.

This course runs from 9:30 a.m. - noon • Please call the Township to register. ■ Thursday, September 11 ■ Thursday, November 13

AARP – SMART DRIVER COURSE Tune Up Your Driving Skills...

In cooperation with AARP, Wheeling Township offers the AARP Smart Driver Course, designed to help you: tune up your driving skills, learn about normal age-related physical changes and how to adjust your driving to compensate and



reduce your chances of receiving a traffic violation or getting into an accident. Call our office to register for one of the following two day sessions. A \$15.00 charge for AARP members and \$20.00 for non-members applies for the two session class. Checks should be made payable to AARP and mailed or dropped off at the Township Office prior to your first class. Class time is 5:30 p.m. - 9:30 p.m. on the following dates:

- Monday, August 4 & Wednesday, August 6
- Monday, September 8 & Wednesday, September 10
- Monday, October 6 & Wednesday, October 8
- Monday, November 3 & Wednesday, November 5

Upon the completion of the two-session class, you will be issued a certificate, which may be given to your auto insurance company for a possible discount.

TRANSPORTATION SERVICES

More Than Just a Ride! Unable to drive? Looking for safe and affordable transportation?

If you are age 60 and over or age 18 and over with a permanent disability, the Wheeling Township Transportation services may be an

answer for your transportation needs. Our service hours are 9:00 a.m. to 3:30 p.m. Monday through Friday within the Wheeling Township boundaries, with some exceptions for medical services. If you are in need of our transportation services, please call the Wheeling Township Transportation Department at (847) 259-7743 for program services and eligibility.

MOBILE DENTAL CLINIC



The Mobile Dental Clinic is a partnership with Northwest Community Hospital and Elk Grove, Palatine, Schaumburg and Wheeling Townships. It provides necessary dental care to residents who do not have resources to go to a general dentist. Residents must meet financial guidelines and there is a cost of \$30 per visit. Services are by appointment only. Call us to see if you qualify.

EMERGENCY ASSISTANCE

How Can We Help You?

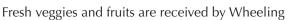
Are you facing a difficult financial situation? Struggling to make ends meet? Wheeling Township General Assistance Office is here to help you.

The General Assistance staff can assess your situation and determine if you qualify for one of our many programs. We can also screen you for DHS programs such as SNAP (formerly Food Stamps) or Medicaid.

Emergency Assistance is a one time financial grant open to any resident facing a lifethreatening circumstance, such as eviction or utility disconnection. Residents must complete an application, provide verifications and qualify based on financial and non-financial factors.

GIVE A GARDEN GIFT

Do you have a green thumb? Have you been nurturing your garden? As you take in those ripe tomatoes and other vegetables, please consider donating a portion of your harvest to the Wheeling Township Food Pantry. In conjunction with the Daily Herald, Wheeling Township participates in the **Giving Garden**, a program in which residents from our community share the fruits of their labor with others. Since most Food Pantry items are non-perishable, the fresh produce is a welcome addition and a healthier alternative for the families using the pantry.



Township Monday through Thursday, from 9:00am until 4:30 pm. Items need not be washed; however, please remove all loose dirt and lingering insects prior to dropping off. Last summer, local gardeners generously donated their fresh produce in abundance. We hope that your green thumbs will continue to work for us this year!

FOOD PANTRY: AN INSIDER'S PERSPECTIVE



Pictured (L to R) Clarice Mittelman, Mary Jo Pedersen, Vicky Kopulos and Doris Rhodes

Having just celebrated the Client Choice Food Pantry's 2nd anniversary, we asked some of the volunteer crew members what they liked about working. The Thursday morning shift has a unique perspective because they transitioned from the previous traditional pantry model to the current one.

Clarice Mittelman - I like sorting and stocking the shelves, especially when they are full. There is such a difference here with how the stock rotates compared to the old pantry. When I see what people choose, I think they may have thrown out many things in the old bags that we used to give out. For example, the old pantry always had an overabundance of beans. Now they are one of items that empty out quickly.

Mary Jo Pedersen - I like making a difference. The pantry is a super opportunity for the community to become involved and support each other. Donating food or working a shift or hosting an event are all ways to be involved and to make a difference.

Vicky Kopulos – I like working with people. Everyone is friendly and really enjoys the "shopping" experience.

Doris Rhodes - I love the new client choice style of the pantry. People like choosing their own food. There is less waste this way because families are receiving the items they like to eat.

We thank all 40+ volunteers who make up our Food Pantry Crew. Your commitment and dedication are priceless. We couldn't do it without you!

FOOD PANTRY NEEDS "PANTRY PAIRS"

Summer is the most challenging season for the food pantry. Losing donations of school related groups, combined with increased usage by families with children at home, really depletes the Township Pantry supplies.

Please help the Wheeling Township Food Pantry through the challenging summer season by picking up a "pantry pair" on your next trip to the store. Every donation makes a difference to a person using the pantry to help them make ends meet.

- Peanut Butter & Jelly
- Pasta & Sauce
- Pancake Mix & Syrup
- Rice & Beans
- Tuna & Helper
- **Cake Mix & Frosting**
- Macaroni & Cheese
- Soap & Shampoo



Donations are accepted Monday - Friday from 9:00 am - 4:30 pm. If you would like to organize a food drive in your neighborhood, at your work, with your church or community group, please call Julie Villarreal at 847-259-7730 or email jvillareal@wheelingtownship.com for details.



SCHOOL SUPPLIES

WE NEED YOUR ASSISTANCE FOR BACK TO SCHOOL.

For a family already struggling to pay rent and buy food each month, purchasing school supplies for several children adds an extra financial burden. You can help to alleviate that burden by picking up a few necessary items during your next trip to the store.

The General Assistance Department is accepting donations of new school supplies now through August 15th.

Supplies received will be disbursed to Wheeling Township families in need whose earnings fall below 150% of the Federal Poverty Level, which is a monthly gross income of \$2,981 for a family of 4. The following is a list of items most needed:

Backpacks	Pencils	Folders	Scissors
Markers	Erasers	Rulers	Loose Leaf Paper
Crayons	Pens	■ Glue	Spiral Notebooks

Your generosity of providing the right tools can help children concentrate on learning and starting the 2014-15 school year off right!



From the Assessor – Jerry Sadler

2013 2ND INSTALLMENT PROPERTY TAX BILLS

By now you should have received the 2013 2nd Installment property tax bill. If you did not receive the tax bill, you will need to contact the Cook County Treasurer at 312-443-5100 to request a duplicate bill. Please be patient and have your property index number (PIN) available. You can also visit the Treasurer's website at www.cookcountytreasurer.com for additional information.

Property tax bills can be paid by mail, online or in person at any Chase Bank location or at the Cook County Treasurer's office in Chicago at the County Building at 118 N. Clark Street. To pay at a Chase Bank location, you will need an original or duplicate tax bill. You can pay online at the Treasurer's website referenced above without a tax bill, but you will need your property index number. Check a previous bill for the property index number or search by address at www.cookcountypropertyinfo.com.

Please review your bill carefully, and contact us with any questions. Our phone number is 847-259-1515.

2014 ASSESSMENT APPEALS

The Cook County Assessor scheduled the 2014 appeal period for Wheeling Township property owners for July and August of this year. The appeal period is open for approximately 30 days each year. Any 2014 appeal, if successful, will affect 2014 2nd Installment property tax bills paid in July 2015. During the 30-day window established by the Cook County Assessor, you can file an appeal online at www.cookcountyassessor.com or submit an appeal form. Appeal forms are available at that same website or from our office or any Cook County Assessor's office. Appeals are reviewed and decisions made by the Cook County Assessor's office. We are available to assist you by providing information and direction on filing your appeal. Again, you will need the property index number (PIN) when you visit or call our office.

The Cook County Assessor permanently closed the Rolling Meadows branch office as of Friday, May 30, 2014. The Cook County Assessor still maintains branch offices at a number of suburban locations including Skokie. The Skokie office is located in the Cook County Circuit Courthouse located at 5600 Old Orchard Road, Room 149, Skokie, IL 60077. The phone number at that location is 847-470-7237.

From the Clerk — Joanna Gauza

VOTER REGISTRATION

The general elections for Unites States Senate, Congress, Illinois Governor, and most Illinois offices will be held on November 4, 2014. If you have just moved into the Township, have moved to another residence, or changed your name, you need to register to be able to vote in future elections. Avoid the election season rush, come to

the Clerk's Office, Monday-Friday, between 9:00 a.m. - 4:30 p.m. to register. All you need are two forms of identification (one showing your current address), be a citizen of the United States, be 18 years of age or older by November 4, 2014 (you can be 17 years of age when registering as long as you are 18 years of age on election day), and live in the Township for at least 30 days before the election. For naturalized citizens, you must prove the date of your naturalization.

You may also register to vote at the Cook County Clerk's Office at 69 W. Washington Street, Room 500, Chicago, Illinois or at the Rolling Meadows Court House, Clerk's Office, located at the corner of Wilke and Euclid in Rolling Meadows.

Remember — Once you have registered, you do not need to re-register unless you move or change your name.

VEHICLE STICKERS FOR UNINCORPORATED COOK COUNTY

For residents of unincorporated Wheeling Township only - don't get a ticket - your new vehicle sticker should have been purchased by July 1st! Cook County vehicle stickers are valid from July 1 -June 30. If you just moved into the unincorporated area or just bought a new vehicle, your fee is the normal rate. Proof of new VEHICLE residency or car purchase must be shown at the time you buy your STICKER sticker to receive the normal rate. If you have an old sticker and forgot to purchase your 2013-2014 sticker, you will be charged a late penalty equal to the price of the sticker. However, that is cheaper than a ticket and also paying the penalty. Applications and stickers are available for purchase at the Wheeling Township Clerk's Office Monday - Friday, between 9:00 a.m. - 4:30 p.m.



From Highway Commissioner – Scott Saewart

WORKING WITH ARLINGTON HEIGHTS ON ROAD RESURFACING PROJECT...

Wheeling Township has been working diligently with the Village of Arlington Heights on resolving road resurfacing issues for our unincorporated areas that are long overdue for repairs. Although Betty Drive south of Dunlo Avenue is in severe need of repair and has not been resurfaced for many years, the authority to do this has been complicated by village and county jurisdiction problems. Many of the homes on the east side of



the road have been annexed by the Village of Arlington Heights, making the road maintenance a joint jurisdiction between Arlington Heights and Wheeling Township Road District.

Last year, I worked with Scott Shirley, Director of Public Works for Arlington Heights to assist and coordinate a cost sharing resurfacing project for this portion of Betty Drive. In addition to this, we elected to pay for some road drainage improvements along the west side of the road. Both of these projects were included in the upcoming Arlington Height's annual road maintenance contract, and the work will be done under their supervision. Wheeling Township will be working on and overseeing the drainage improvements as well as the resurfacing work on Betty Drive.

I want to thank Scott Shirley and the Village of Arlington Heights for this agreement and the for their willingness to cooperate with the Township on these projects. Also, our thanks goes to Nanci Julius, the project coordinator from the Village of Arlington Heights Engineering Department, who worked with us to add the drainage improvements to their annual road maintenance bid package.

For myself and my small staff, we thank you for the pleasure of serving you! If you have any questions or if we can be of service, please call our office at 847-259-7730.

You Can Make A Difference... Can you help share your time and resources?

October 25 Wheeling Township Make A Difference Day

This annual Halloween Fun Fair for children with disabilities and their families needs the support of volunteers and donors to make the event a success.

WHAT CAN YOU DO?

You can volunteer to help the day of the event...

WHEN? Saturday, October 25



Please understand that the Cook County Board determines the price of Cook County vehicle stickers and not the Township. The sticker fees are as the following rates: smaller passenger vehicles - \$80, larger passenger vehicles of at least 4500 pounds -\$100, physically handicapped vehicles - no fee, disabled veterans - no fee, senior citizen – no fee (two car maximum), motorcycles - \$25.

SENIOR CITIZEN RESIDENTS AND PERSONS WITH DISABILITIES OF **UNINCORPORATED WHEELING TOWNSHIP — FREE NEW STICKER!**

This year there are FREE new vehicle stickers for senior citizens (for those 65 years and older), for persons with disabilities, and disabled veterans. A letter from Cook County was sent to senior citizens, persons with disabilities, and disabled veterans who reside in unincorporated Wheeling Township explaining that permanent new vehicle stickers need to be picked up and displayed on vehicles by July 1st. Anyone who resides in unincorporated Wheeling Township and qualifies for this sticker should immediately display the new permanent vehicle sticker to avoid the \$25 fine.

WHERE? Riley Elementary School from 11:00 a.m. – 1:30 p.m. Or even better, organize your friends, neighbors, family, or service group to volunteer or sponsor a booth.

HOW CAN YOU HELP?

Here is our "WISH LIST"...

- Children's toys, books, stuffed animals
- Canned pop and juices
- Wrapped Candy • Halloween decorations (Sorry, we are unable to accept used items.)

TOO BUSY TO SHOP?

Cash donations are always welcome to help defray our costs.

Call the Township at 847-259-7730 to find out how you can Make A Difference!